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創新教學實踐:屏大師培USR特色運動
教學之實施成果與反思

*Innovative teaching practice: Pingtung
University teacher training*

*USR-characteristic sports teaching
implementation results and reflections*

國立屏東大學民生校區

精進×特色×師培USR
師資培育的關鍵驅動力

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創新教學實踐： 屏大師培 USR 特色運動教學之實施成果與反思

關鍵字：合作、尊重、可及性

論文摘要：

本論文旨在分享屏大師培 USR 特色運動教學的實施歷程、成果與反思。屏大師培 USR 特色運動教學是一項針對國小體育課程教學及健康與體育領域師培課程設計之教學實踐推動計畫。以學期為實施階段，並在健康與體育師培課程與國小體育課程進行特色運動教學與設計。本計畫活動透過合作、尊重與可及性等 Kinball 運動社會價值意涵融入國小體育教學,提升師培學生與國小學童健康與體育領域課程學習動機與未來從事教職之教學活動設計能力。

本創新教學實踐所進行體育教學之活動內容特色，著重適應體育強調的修正式教學，透過器材、規則與場地等因應教學現場情境之修正，以達到合作、尊重與可及性的社會價值理念，另外，透過教學活動現場影像紀錄公開於 Flickr 網路相簿平台，作為開放式學習資源，同時藉由照片回饋檢視學生表現及學習成效，如圖1，為特色運動融入偏鄉國小體育教學現場，圖2為特色運動於室內場地進行體育教學。本論文透過教學現場教師訪談與影像紀錄回饋，作為教學活動之自我反思與未來教學實踐的建議。

最後，屏大師培 USR 特色運動融入國小體育教學計畫的推動具有對應健康與體育領域素養導向教學,有效提升學生終身學習能力；本研究成果亦參與研討會及教學觀摩等方式進行發表與分享，透過合作、尊重與可及性的理念結合體育教學，提供教師建立具有開創性與務實性的課程設計。



〔圖1〕特色運動教學-偏鄉體育教學活動



〔圖2〕特色運動教學-體育教學室內活動

Innovative teaching practice: Pingtung University teacher training USR-characteristic sports teaching implementation results and reflections

This paper aims to share the implementation process, results and reflections of characteristic sports teaching. Specialized Sports Teaching is a teaching practice promotion plan targeting physical education curriculum teaching in elementary schools and teacher training curriculum design in the field of health and physical education. Taking the semester as the implementation stage, special sports teaching and design are carried out in health and physical education teacher training courses and elementary school physical education courses. This project activity integrates the social value of Kinball such as cooperation, respect and accessibility into elementary school physical education teaching to improve the learning motivation of teacher training students and elementary school children in the field of health and physical education and the design of teaching activities for future teachers.

The characteristics of the physical education activities carried out in this innovative teaching practice focus on adapting to the modified teaching of adapted physical education. Through the modification of equipment, rules and venues in response to the teaching situation, the social values of cooperation, respect and accessibility are achieved. In addition, photo records of teaching activities are published on the Flickr online photo album platform as an open learning resource. At the same time, student performance and learning effectiveness are reviewed through photofeedback, as shown in Figure 1, to integrate special sports into rural areas. The physical education teaching site of an elementary school. Figure 2 shows the physical education teaching of characteristic sports in indoor venues. This paper uses on-site teacher interviews and photo recording feedback as a self-reflection on teaching activities and suggestions for future teaching practices.

Finally, Pingtung University teacher training USR-special sports into elementary school physical education teaching plans corresponds to Competencies-based teaching in the fields of health and physical education, effectively improving students' lifelong learning abilities; the results of this research are also published and shared through

seminars and teaching observations , combining the concepts of cooperation, respect and accessibility with physical education to provide teachers with groundbreaking and pragmatic curriculum designs.

Keywords: cooperation, respect, accessibility